



Preliminary tours variants for HARD and SOFT ENDURO

**EASTERN LITHUANIA**  
 2 days tour - PABRADE military ground near the biggest Lithuania LABANORAS forest. This long and interesting track leads you to the region that has many lakes. We will pass a lot of reserves and regional parks. Here many beautiful places wait for us, such as: lakes, forest roads, ground sands, fords. Stay over night near the longest lake of Lithuania, where we will go over the lake by boat. Length of the tour is about 280 km.

**WESTERN LITHUANIA**  
 1 day tour - RUKLA military ground with sandy oasis. It is a good start to learn hard enduro driving skills with a short lessons, small race in Rukla military training ground. A lot off desert sand and beautiful scenery. The track passes near the river in interesting landscape. Length of the tour is about 160 km.

**SOUTH LITHUANIA**  
 2 days tour - RUDNINKU ground, ZERVYNOS village. Fast and interesting ride through the forest areas to an ancient Lithuanian village called: „Zervynos“. Stay overnight and have a traditional regional smoke sauna. In the morning we go canoeing in the Ula river (2-3 hours), where you will experience the beautiful and unspoilt nature of the biggest Lithuanian national park. Length of the tour is about 300 km.

The track is depending on the type of motorcycle you drive and the driving experience you have. Instructor always is teaching to drive on off-road.



What Lithuania has to offer to the visitor?

1. UNSPOILT NATURE. The land of forests and lakes. Low population density means that most of the country consists of forests, lakes and farmland. Pollution levels are low, with problem spots few and far between, so expect to find most of the countryside in its natural pristine condition. Significant areas are designated national or regional parks that have their own facilities.
2. TRAKAI - the ancient capital of the Grand Duchy of Lithuania is nestled amidst picturesque lakes. It is best known for its captivating 14th century fairytale castle on an island on Lake Galve, now housing a museum. Other than exploring the Gothic red brick castle, the town of Trakai itself with its quaint architecture is well-worth wandering around. There also are plenty of options for fun on the placid waters of the surrounding lakes.
3. VILNIUS OLD TOWN - boasts outstanding architectural diversity in one of the largest and best-preserved old towns in all of Central and Eastern Europe. This UNESCO World Heritage site is filled with Gothic, Renaissance and Baroque masterpieces. Cosy streets, nice people.
4. FOOD, DRINK, NIGHTLIFE. Satisfy your appetite. Eating out in Lithuania is certainly a rewarding experience. There are options for every taste and occasion, from typical Lithuanian cuisine to exotic ethnic restaurants. Lithuanian beer is renowned for its distinctive full-bodied flavour and is to be found nearly everywhere. Vilnius features a dynamic and vibrant nightlife which is definitely not to be missed.
5. SPA TOWNS. Revitalise your body and soul. Famous for its mineral springs, the spa towns of Druskininkai and Birštonas have attracted those seeking to improve their health for centuries. Nestled in a beautiful pine forest along the Nemunas River, the town of Druskininkai is famous not just for its mineral waters and local healing muds, but also its picturesque surroundings, ideal for walking and cycling.
6. A LOT OF DIFFERENT ACTIVITIES. Lithuania is very good base for canoeing, flying hot air balloons, parachute jumping, ride a horse, riding off-road jeep... And there are many more activities you can do for a small price.

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GuestHouse

ENDURO TOURS  
 MOTORBIKE AND BICYCLE TRACKS  
 "ADVENTURE" GUEST HOUSE  
 OTHER ACTIVITIES FOR SPORTIVE TOURISTS



Main Reasons to Visit LITHUANIA

**SALTIBARŠCIAI**  
(red cold soup)

Yes, it is pink. It is a cold beet soup - made with beets, kefir (kind of like buttermilk) and cucumbers. It is then garnished with green onions, dill and hard-boiled eggs. And it always comes with a side of boiled potatoes with dill. So good!!



**CEPELINAI**  
(mian dish)

Cepelinai are potatoe dumplings with meat inside. They are usually served with spirguciai (fried fat pork meat), fried onions and sour cream. We love this dish! It is good!



**OUR SERVICES**

- Motor tours in Lithuanian off-roads
- Bicycle tours in Lithuanian nature
- Rent of Dirt bikes
- Rent of Mountain bicycles
- Rent of GPS navigators
- Guide services
- Individual off-road route
- Enduro motorcycle school
- Professional Enduro track
- Accommodation in our Guest house
- Support for the road in Lithuania
- Bike service
- Various entertainment ( canoeing, tactical shooting, climbing, sled dogs)



**FIGURES OF LITHUANIA**

POPULATION: 3,3 million inhabitants  
 AREA: 65 200 sq.km  
 CAPITAL CITY: Vilnius  
 MAJOR CITIES: Vilnius (550 thousand inhabitants), Kaunas (355), Klaipėda (185)  
 LOCAL CURRENCY: Lithuanian Litas - LTL, fixed exchange rate: 3,4528 LTL = 1 EUR  
 ETHNIC COMPOSITION: Lithuanians: 83.5%, Poles: 6.7%, RUSSIANS: 6.3%, Belorussians: 1.2%, other: 2.3%. There are 115 ethnicities in total in Lithuania.  
 RELIGION: 80% catholics  
 LANDSCAPE: Lithuania is a flat country, lowland plains make up 75% of its territory.  
 The HIGHEST POINT is Aukštojas Hill at 294 m. There are over 2,800 LAKES in Lithuania, concentrated mostly in the east of the country. The terrain also features a dense network of RIVERS, WETLANDS and FORESTS, which cover almost one third of the country. Lithuania has a very short COASTLINE that faces the open Baltic sea - 38km.

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**HOME MADE BREAD**

Dark bread is very popular in Lithuania, because it has real traditional flavour. Rye-bread has an original sour flavour and is very different from wheat bread. In Lithuania we eat rye-bread every day. We like it with soups; we make sandwiches of rye-bread and sausage etc.



**ŠAKOTIS**  
(tree cake)

Šakotis (pronounced Shakotis or Bankutenas) is a traditional cake made in Lithuania. This is one typical Lithuanian desert. Tastes like a cookie, vanilla or caneel. Normally it looks like a tall tower and is empty inside. It is funny to eat because everybody takes a piece breaking the pie.



**10 INTERESTING FACTS ABOUT LITHUANIA**

1. In 14th century Lithuania was the biggest country in Europe: it included the present territories of Belarus and Ukraine, part of Poland and part of Russia.
2. The Geographical Centre of Europe is 26 km to the North of Vilnius as it was found by The National Institute of Geography in France.
3. Lithuania organized a unique protest in 1989 August 23. Residents of Lithuania, Latvia and Estonia formed 600 km long row of people holding hands! This event showed to the world that Baltic States want to be independent.
4. Lithuania is the only country in the world which has national perfume. "The Scent of Lithuania" is perfume for home. It holds the entire history of our nation...
5. Lithuanian language is the oldest living language of the Indo-European family.
6. Lithuania is the oldest and the largest Baltic State.
7. Lithuanians are the first in the world who invented a way to make vodka from corn.
8. Lithuania is the 1st in the world by the number of hot air balloons per resident. And Vilnius is one of a few European capitals where you can fly with hot air balloons.
9. Lithuania owns the world record of blondes. 1016 blond girls participated in the opening of a night club in Lithuania.
10. Lithuania is one of the several countries in the world where the most popular sport is Basketball.



**SMOKED FISH**

An exclusive dish in Lithuania is smoked fish: carp, eel, bream, mackerel, pike-perch, herring and catfish. Fish is smoked according to special traditions passed on from generation to generation. Just wait and find out yourself - it's more than delicious!



**ALUS (beer) and KEPTA DUONA (fried bread)**

Ask any Lithuanian which beer is the best and they will most likely tell you "Sytu-ris of course." Whether it's because of nationalistic feelings, marketing or just taste, we will never know, but people in foreign markets are beginning to say the same. "Kepta Duona", Lithuania's favourite snack with beer. Strips of bread are seasoned with garlic and spices, toasted and cooked in olive oil, and then served under a pile of melted cheese.



**SOME LITHUANIAN WORDS FOR YOUR TONGUE**

- Labas [la'bas] - Hello
- Kaip sekasi? [kaip' se'kasi] - How is it going?
- Gerai [gerai] - Good/OK
- Blogai [blogai] - Bad
- Nežinau [nezhinau] - I don't know
- Ačiū [a'chiu] - Thank you
- Prašau [prashau] - You are welcome/please
- Atsiprašau [atcprashau] - excuse me
- Taip [taip] - Yes
- Ne [ne] - No
- Nekalbu lietuviškai [ne'kalbu lietu'vishkai] - I don't speak Lithuanian
- Koks tavo vardas? [kok' ta'vo var'das] - What's your name?
- Aš esu pavargęs [ash' esu' pavarges] - I'm tired
- Kiek kainuoja? [kiek' kainuo'ja] - How much is it?
- Viena [vie'nas] - 1
- Du [du] - 2
- Trys [tris] - 3
- Keturi [keturi] - 4
- Penki [penki] - 5
- Brangu [brangu] - Expensive
- Pigu [pigu] - Cheap
- Du alaus, prašau [du' alaus' prashau] - Two beers, please
- J sveikata! [i: sveika'ta] - Cheers
- Sąskaitą, prašau [sa:'skaita: prashau] - The bill, please
- Ate/iki [ate/'iki] - Bye
- Viso gero [vi'so ge'ro] - Good bye

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--- Track for bicycles and motorbikes  
 ..... Track for bicycles only  
 Space map view.  
 Scale 1:50 000

**KIBINAI**  
(Pastry with pork and onions)

It is a Karaitian dish. They are people of Turkish origin who have lived in Lithuania for over 600 years. The Great Duke of Lithuania Vytautas brought several hundreds of Karaites at the end of the 14th century. They managed to save their traditional cuisine till our days.

